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We claim:

1. A method of processing avocado meat comprising heating the avocado to a temperature sufficient to substantially denature native degradative enzymes while in an environment having a pH of greater than 8.
2. The method of claim 1 wherein the heating is accomplished in 5 minutes or less.
3. The method of claim 1 wherein the avocado meat is heated to at least 71°C (160 degrees F).
4. The method of claim 1 wherein the avocado meat is heated to at least 77°C (170 degrees F).
5. The method of claim 1 wherein the avocado meat is heated to at least 88°C (190 degrees F).
6. The method of claim 1 wherein the avocado meat is pitted and peeled before heating.
7. The method of claim 1 wherein the pH is greater than 9.
8. The method of claim 1 wherein the enzymes are comprised of lipases, pectinases, lipoxygenases, and polyphenoloxidases.
9. The method of claim 1 wherein the heating comprises steaming the avocado.
10. The method of claim 1 wherein the avocado meat is comprised of avocado halves with the pit and peel removed.
11. The method of claim 1 wherein the avocado meat is comprised of avocado quarters with the pit and peel removed.
12. The method of claim 1 wherein the heating comprises immersing the avocado meat into a boiling alkaline solution.
13. A method of treating avocado meat comprising the steps of
 - a) pitting;
 - b) placing in an alkaline environment of greater than pH 8 to stabilize the bright green color in chlorophyll; and
 - c) heating to substantially inactivate enzymes.
14. The method of claim 13 wherein said heating step is accomplished in 5 minutes or less.

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15. The method of claim 13 wherein said heating step comprises heating to a temperature of at least 71°C (160 degrees F).
16. The method of claim 13 wherein said heating step comprises heating to a temperature of at least 77°C (170 degrees F).
17. The method of claim 13 wherein said heating step comprises steaming.
18. The method of claim 13 wherein said alkaline environment is accomplished by adding a chemical comprising sodium tetrapyrophosphate.
19. A method of manufacturing guacamole comprising the steps of
 - a) preparing avocado comprising pitting, peeling and heating under alkaline conditions of greater than pH 8 to reduce the development of foul tasting flavors and reduce the development of brown coloration;
 - b) macerating the avocado; and
 - c) adding flavoring agents to the macerated avocado.
20. The method of claim 19 further comprising step (d) placing the avocado, onion and garlic mixture in a container under conditions to sterilize the container.
21. The method of claim 19 further comprising sealing the containers.
22. Guacamole prepared by the process of claim 19.
23. The method of claim 19 wherein the flavoring agents are added before the macerating step.
24. The method of claim 19 further comprising adding glycerol during step c.
25. The method of claim 19 wherein said heating is comprised of steaming.
26. The method of claim 19 further comprising adding an antioxidant during step c.
27. The method of claim 19 wherein the flavoring agents comprise onion and garlic.
28. The product prepared by the method of claim 27.
29. A method of processing avocados comprising the steps of:
 - a. pitting the avocados with minimal cutting or macerating,
 - b. heating the avocados in an environment of greater than pH 8 to reduce the development of a bitter taste and to reduce the development of brown color.